



THIS WON'T STOP ME. I'M CANCER. DIABETES.
HEART DISEASE. STROKE. AND I KILL NEARLY
2 OUT OF EVERY 3 WOMEN. YOU CAN
REDUCE YOUR RISK OF BEING ONE OF THEM.
EAT RIGHT. GET ACTIVE. DON'T SMOKE.
SEE YOUR DOCTOR. AND LIVE.

Start protecting yourself from yourself.
Call 1-866-399-6789 or visit us at everydaychoices.org.

