



Frequently Asked Questions

Who Should Use the Health Test Card?

Primary care providers (physicians, physician assistants, nurse practitioners, and nurses) and patients who visit a variety of primary care clinics, including traditional practices, hospital-based practices, community health centers, free clinics, etc. should use the health test card.

What Is the Best Way to Use the Health Test Card?

An active approach in which an appropriate staff person would be assigned the role of pointing out the cards to patients in the waiting room area, inviting them to review its contents and then ask questions during their exam if they like. Depending on available space in the waiting room, patients can also be exposed to the health test card in the exam room prior to the provider beginning the exam. During the course of their visit with the provider, the patients would be asked specifically if they reviewed the information on the card and if they have any questions.

Example Dialogue: “Did you happen to pick up the health test card available at the clinic today? It contains important information about tests that can help you determine your risk for the most common chronic diseases or detect them early so you can increase your chances for a longer, healthier life. Do you have any questions about the card? Are there any tests that you need at this time?”

Why Should Healthcare Professionals and Clinics Use the Health Test Card?

The health test card is intended to be used in a clinical setting to facilitate an exchange between a patient and a provider in an effort to: 1) increase a patient’s knowledge of appropriate screenings; 2) increase the public’s understanding about the clinical role for prevention; and 3) increase the number of people being screened. Ideally, this card would be made available to patients in a clinical setting in which a healthcare provider could provide a brief overview of the card and the importance of screenings and early detection. As part of that conversation, the provider would identify the appropriate screenings with the individual, discuss risk factors, and identify options for getting the recommended tests.

What Resources Are Available to Healthcare Professionals and Clinics?

Male and Female Health Cards

An interactive piece intended to be used in a clinical setting to facilitate an exchange between a patient and a provider in an effort to: 1) increase a patient’s knowledge of appropriate screenings; 2) increase the public’s understanding about the clinical role for prevention; and 3) increase the number of people being screened. The card contains health tests recommended for average risk adults by the American Cancer Society, American Diabetes Association and American Heart Association.

Health Card Pop-Up Stand

Pop-up easel stand with two 6" pockets for storing male and female health cards. To be used in waiting room or exam room to organize and display cards.

Health Test Checklist and Tear-Away Pads

Similar to a prescription pad, this product contains basically the same information as the card but in a format that allows the clinician to check off recommended tests for both men and women, and then hand the sheet to the patient to take home.

Health Card Wall-Mount Poster

Contains the same information as the tear-away pad, but on a highly durable poster designed for easy and attractive mounting in exam rooms. The poster has 4 eye-rings for easy mounting.

What Items Come in an Order?

Large Kit: Clinics That Have ≥ 11 Practitioners

- 600 cards (400 female and 200 male)
- 2 pop-up stands
- 3 wall-mounts
- 9 tear-away sheet pads (50 sheets/pad)

Medium Kit: Clinics That Have 6 – 10 Practitioners

- 400 cards (250 female and 150 male)
- 1 pop-up stand
- 2 wall mounts
- 6 tear-away sheet pads (50 sheets/pad)

Small Kit: Clinics That Have 0 – 5 Practitioners

- 200 cards (125 female and 75 male)
- 1 pop-up stand
- 1 wall mount
- 3 tear-away sheet pads (50 sheets/pad)

www.everydaychoices.org